

4ème TROPHEE des ALPES

Lundi 16 septembre 2019

Saint Raphael - Briançon



Etape / Stage 1		Km Total	Km Partiel	Timing 1st car	Fermeture contrôles Closing	Temps impartis		
						Basse	Interm.	Haute
Saint-Raphael - Podium	CH 4	0	0	8:00'	9:30'	0	0	0
Autoroute A8 Nice Nord A8 L'Escarène Lucéram		102,53	102,53	9:48'	11:18'	1:48'	1:48'	1:48'
Départ ZR / Start RT	DZR 1		0	9:50'	11:20'			
Peira-Cava village Peira-Cava Nord		117,61	15,08	10:12'	11:42'	0:25'	0:23'	0:22'
Départ ZR / Start RT	DZR 2		0					
Col du Turini 1604m La Bollène-Vésubie Saint Martin-Vésubie "Carburant"		151,71	34,10					
La Colmiane		160	42,39	11:09'	12:39'	1:02'	0:59'	0:57'
Départ ZR / Start RT	DZR 3		0	11:11'	12:41'			
St Sauveur sur Tinée " Carburant" Isola		196,06	36,06	11:57'	13:27'	0:50'	0:48'	0:46'
Départ ZR / Start RT	DZR 4		0					
Montée Izola Isola 2000 (P.A.A.)		211,24	15,18	12:16'	13:46'	0:22'	0:20'	0:19'
Déjeuner / Lunch : 45 mn								
Départ ZR / Start RT	DZR 5	211,24	0	13:01'	14:31'	0	0	0
Col de la Lombarde 2350m Demonte San Giacomo		259,96	48,72	14:04'	15:34'	1:07'	1:05'	1:03'
Départ ZR / Start RT	DZR 6		0					
Colle Fauniera 2481m. San Martino		306,31	46,35	15:12'	16:42'	01:09'	1:08'	1:08'
Départ ZR / Start RT	DZR 7		0					
Sampeyre "Carburant" Casteldelfino "Carburant"		331,41	25,10					
Chianale		341,51	35,20					
Chianale		353,69	47,38	16:14'	17:44'	01:08'	1:04'	1:02'
Départ ZR / Start RT	DZR 8		0					
Col dell'Agnello 2744m Molines en Queyvras Ville-Vieille "Caburant" Arvieux		383,69	30					
Brunissard (P.A.A.)		394,97	41,28	17:07'	18:37'	0:59'	0:57'	0:54'
Départ ZR / Start RT	DZR 9		0	17:09'	18:39'			
Col de l'Izoard 2360m Cervières Briançon "Carburant"		423,6	28,63					
Briançon Podium (P.A.A.)		425,25	30,28	18:06'	19:36'	1:01'	0:59'	0:57'
Fin Etape 1								

